



All Souls News

A newsletter for the members and friends of All Souls Unitarian Universalist Church of Shreveport, Louisiana

9449 Ellerbe Road, Shreveport, Louisiana 71106 ♦ (318) 868-3313 ♦ www.allsoulsuushreveport.org

APRIL SERVICES

Worship Service starts at 11 a.m.

Children and Youth are dismissed during the service for Religious Education. Nursery care is available during Adult RE (9:15 a.m.) and till the service ends.

April 3 — Rev. Barbara Jarrell is in the pulpit this morning with, “A Legacy of Caring,” inspired by the poetry of Thandeka. *Board Persons of the Day are Kathy Osuch and Eric First.*

April 10 — “Peaceful, Fair, and Free” Our religious education pillar on Peace, Social Justice and the Inter-dependent Web comes to an end with a celebration of our Sixth Principle, “the goal of world community with peace, liberty and justice for all.” *Board Persons of the Day are Melissa Gibson and Ken Peterson.*

April 17 — A celebration of Earth Day featuring reflections from **Kathy Osuch, Rovena Windsor, and Cindy Mandarin**. Join us after the service for a vegan/vegetarian potluck. *Board Persons of the Day are Amanda Lawrence and Jocelyn Lanham.*

April 24 — Rev. Barbara Jarrell is in the pulpit this morning. *Board Persons of the Day are Bob Jordan and Diane Bundy.*



We need to experience Earth's forgiveness,
Earth's renewal, Earth's abundant graciousness.
I used to think maybe we need to save the Earth.
Now I think maybe it is Earth that is saving us.

- Carol Hepokoski, Unitarian Universalist Minister

Nurture Your Spirit. Help Heal Our World.



‘Awakening Vibrations’ Returns to All Souls April 23

Joy Clemons returns for another session of sound immersion meditation on April 23 from 4 to 5:30 p.m.

Using a vast collection of Tibetan singing bowls and gongs, Joy creates an experience that is best described as a long, relaxing, healing bath in sound.

We have a large number of repeat attendees already signing up, and although we will be in the sanctuary and

will have more spots available, we recommend you go ahead and register as soon as possible.

The cost is \$35 per person, scholarships may be available if cost is an obstacle. On the other hand, feel free to make an additional donation to help give someone else the experience.

“... Joy creates an experience that is best described as a long, relaxing, healing bath in sound.”

For reservations and/or to inquire about scholarships, contact **Susan Caldwell** at (318) 465-3427 or dre@allsoulsuushreveport.org.

For questions about the workshop itself, call Joy Clemons at (314) 882.7080. Note that the area code is not a misprint. Joy recently moved here from Missouri.



OFFICE HOURS
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NEWSLETTER DEADLINE
Tuesday, March 29 by 8 p.m.

All Souls is a
Welcoming
Congregation.



FROM THE MINISTER

Cultivate Changes in Our Hearts to Combat Fear

By Rev.

Barbara Jarrell



When I hear and see political figures speaking with intemperate invectives to receptive audiences about torture, carpet bombs, and nuclear assaults I can't help but wonder what traumas brought all these people to places in which their fear and frustration make this stuff sound like good ideas.

I am not oblivious to the fact that I have grown up in an uncommonly safe environment. That is certainly not the case for a large percentage of others. My family always had everything we needed with a little to spare.

Again, vast portions of the world do not have that experience. I get that I have somehow become a senior citizen and that many of the things that were thought true in my youth are no longer understood that way. I'm sorry. I am not ready to let go of a number of them like the "golden rule"—one of the Christian versions of which goes "do unto others as you would have them do unto you." And that is said to be the sum of the law and the prophets.

That means it was something on which both the intellectuals and mystics, the heart and head folks, aristocrats and commoners, insiders and outsiders agreed.

Our children learn in their religious education classes that there is a similar expression in each of the world's great religious traditions.

So, if that idea was the common teaching of our various heritages for the last thousand or two years, clearly something has pulled us off track.

I do believe that fear is the root

cause. I believe that anger is just another face or mask for fear. The more bowed up, insistent, or aggressive someone is—the more fear is driving them.

None of this is news, but it can certainly be a humbling reminder. I also believe that fear remains until some kind of transformative love and compassion comes to displace it.

I don't think we turn the minds of those who are feeling traumatized with arguments, complaints, or condescension. I do believe by becoming people

who do not also respond out of fear and frustration we can begin to learn how to live in beloved community, begin to model it, and that it will be contagious.

In our Sunday morning adult education classes we have been exploring various perspectives and tools for spiritual growth.

We are starting with ourselves and considering ways to develop new habits that might cultivate the changes in our thoughts and actions that can move us just a little bit closer to walking our faith—fully matured—out into the world. I most definitely have a long way to go.

Still, I see changes—maybe too small for others to notice yet, but I know they are there and I feel encouraged. Isn't that a feeling we would all like to have about now?

I invite you to join us for class. I am also happy to point you to the resources we've employed to this point so that if you'd like you might catch up.

To the end that all souls shall grow into harmony with the sacred we are each called to do what is our piece of the work. We do or do not—there is no try.

In ever evolving faith,

Barbara

***"... fear remains until
some kind of
transformative love
and compassion
comes to replace it."***

CORNER OFFICE WITH A VIEW

Teachers Needed and 'What's The Point?'



By Susan Caldwell,
Director of Lifespan Religious Education

Believe it or not, Easter is over and summer is already almost upon us. As we finish our pillar on Peace, Social Justice and the Interdependent Web, our children and youth will be entering the final pillar of the regular church year, Personal Spiritual Growth and Development, celebrating our First Source, "Direct experience of that transcending mystery and wonder," in age-appropriate ways for each class.

We still need a second teacher in two of our classrooms, Middle School/High School and 2nd-5th Grade. In both cases, if that teacher happens to be you, you would be working with experienced teachers who have been with these classes for the full year, **Noah Wagstaff** in MS/HS and **Jocelyn Lanham** in 2nd-5th, and this would be a great introduction for anyone considering teaching Religious Education for the first time.

Remember that we do ask that you be a member or regularly attending friend of the church for at least six months before you start teaching. This not only gives us a chance to welcome and nurture you as a newcomer, it also gives us all a chance to know each other better. If you don't feel ready to take on a seven or eight-week pillar, look ahead to summer, when our programming shifts to more of an activity-based focus, and we are looking for artists, scientists, craftspeople, dramatists, garden-

ers, or anyone who might be interested in spending one or more Sunday mornings sharing a skill, craft, or service project with our children and youth.

And while you are looking ahead to summer, don't forget the wider world of Unitarian Universalism waiting out there for you in the form of General Assembly in Columbus, Ohio (this year featuring Ware Lecturer Krista Tippet, host of NPR's "On Being," and a theme of inter-faith relationships), and much closer to home, The Point.

What's The Point?

In answer to that question, I can tell you that "When you get the Point, The Point gets you." The Point is a multi-generational UU community that comes to life from July 24 to 29 at beautiful Sequoyah State Park on Fort Gibson Lake near Wagoner, Oklahoma. It is a customizable retreat experience in that there is programming offered all day, every day, for all ages, and you are free to take in all of it or pick and choose the workshop sessions that appeal to you, interspersed with time at the pool, hiking the beautiful wooded trails, or the ever-popular napping. The theme for the week is "Savor and Save the World." Engaging the theme each morning will be the keynote speaker George Kimmich Beach, considered the leading scholar on the work of mid-20th century UU theologian James Luther Adams. The afternoons feature a variety of workshops and community-building opportunities, and every evening features a community meal, a worship service by one of our region's UU ministers as well as ...

(Continued of Page 4: RELIGIOUS EDUCATION)

Building & Grounds Work Day



Saturday,
April 9

9 a.m. to 1 p.m.

All ages and abilities
encouraged to
participate!

Highland Blessing Dinner

All Souls Unitarian Universalist Church co-hosts the Highland Blessing Dinner on the first Thursday of every month. On months with five Thursdays, all sponsoring churches are asked to send volunteers.



The intent of the meals is to serve individuals and families who may "fall through the cracks" of social services. Currently, more than 120 meals are being served each Thursday.

Volunteers are needed to host tables, serve, and help in several other capacities—but the cooking is already done.

Sign up with Susan Caldwell or just show up at the Highland Center, 520 Olive Street, at 5 p.m.

Upcoming Meal(s): April 7 and March 5

2016 Unitarian Universalist Summer Camps

10-13 June 2015 Family Camp (U-Bar-U Camp – near Austin TX). For more information, go online -- <http://ubaru.org/home/familyCamp>

19-25 June 2015 Sojourner Camp (U-Bar-U Camp – near Austin TX). For children entering grades 3 through 5 in Fall 2016. For more information, go online -- <http://ubaru.org/home/SummerCamp>

26 June – 2 July 2016 Olympia Camp (U-Bar-U Camp – near Austin TX). For children entering grades 6 and 7 in Fall 2016. For more information, go online -- <http://ubaru.org/home/SummerCamp>



3-9 July 2016 Seeger Camp (U-Bar-U Camp – near Austin TX). For children entering grades 8 and 9 in Fall 2016. For more information, go online -- <http://ubaru.org/home/SummerCamp>

10-16 July 2016 Reeb Camp (U-Bar-U Camp – near Austin TX). For children entering grades 10 in Fall 2016 through 2016 high school graduates. For more information, go online -- <http://ubaru.org/home/SummerCamp>

24-29 July 2016 “The Point” Family Summer Camp (formerly “Southwest UU Summer Institute – SWUUSI” -- Western Hills Guest Ranch, Sequoyah State Park, Hulbert OK). For more information, see this month’s “Corner Room with a View” by Susan Caldwell on Page 3.

Submitted by Steve Caldwell, Denominational Affairs Committee

RELIGIOUS EDUCATION: ... as well as Sunset Talks, this year featuring Rev. Joanna Fontaine Crawford of Live Oak UU Church in Austin. There are also social events each evening, such as a dance for all ages, a Chili and Pie Cook-Off, and a multi-generational talent show. Children’s programming is offered every morning and afternoon for ages ranging from nursery through high school. We will once again have our Hogwarts Camp for 3rd-6th graders and Jedi Camp for our Middle Schoolers, and this year will introduce the Alternatives to Violence Project to our high school youth. Primary children (K-2nd) will experience “Becoming a Light to the World,” which includes daily visits to Sequoyah’s captivating Nature Center. Want to learn more? Check out thepointuu.org, where you can download a detailed handbook and also go ahead and register.

Bob Jordan Named Volunteer of the Month



The All Souls Board of Directors is pleased to announce **Bob Jordan** as April’s Volunteer of the Month.

Bob once again put together a great St. Patrick’s Day Party, organizing himself, **Bethany Sorkey**, and **Elaine and Chris Webb** for the live music.

Bob also sings in the All Souls Choir and fills in with his guitar during services when our regular musicians, **Rev. Barbara Jarrell** and **Susan Caldwell**, are out of town.

Bob is often present at Building & Grounds Workday (April 9, this month, in case you need to know). He also serves on the Board and was very helpful in organizing the books for this year’s Media Sale.

For so all these items and more, All Souls is grateful to Bob Jordan.
Submitted by Melissa Gibson, Newsletter Editor

Membership Matters

Visitors Welcomed to April 24 Info Session

By Ron Thurston,
Membership Committee



This month's Newcomer Information Sessions is slated for April 24.

Grab a cup of coffee after the service and join us in the middle/high school classroom—the one with the

couches.

The meeting is open to anyone interested in exploring more about Unitarian Universalism and membership at All Souls.

We will watch a short DVD from our UUA headquarters, spotlighting our principles, our history, and our ongoing mission in the world.

We will also share ongoing activ-

ities at All Souls, ways to get involved, and our membership process. Staff and members will be present to answer questions, and we will share spiritual journeys, as you are comfortable.

If you have questions regarding membership, please see me before or after church or contact me at (318) 300-9509.

Join All Souls for a Vegan/Vegetarian Potluck on April 17

In conjunction with our Earth Day Celebration service on April 17, All Souls will host a vegan/vegetarian potluck after the service in the social hall.

Vegan diets do not include any animal products—no meat, no eggs, no dairy, etc. Most vegan diets also exclude honey.

A vegetarian diet excludes meat but does include eggs, milk, cheese, butter, etc.

Out of consideration for all attendees, please have your food labeled as “vegan” or “vegetarian.”

Submitted by Melissa Gibson, Newsletter Editor

VEGAN & VEGETARIAN POTLUCK

Sunday, April 17

Join us in the social hall after the service.

Bring a dish to share!

Please be sure to label food as “vegan” or “vegetarian.”



DENOMINATIONAL EVENTS: April 2016 & Beyond



29 April – 1 May 2016 U-Bar-U Women's Retreat (U-Bar-U Camp, near Austin). This is a weekend to recharge your body, mind and spirit in the companionship of other Unitarian Universalist women. Sing, dance, meditate, write, talk, hike in the Hill Country, walk the UBarU labyrinth, lounge on the Meeting House porch or do whatever your spirit needs. This is a weekend free from compulsory workshops and classes, although opportunities for worship, spiritual practices, singing, and other group experiences are offered. <http://ubaru.org/home/Womens-Retreat>

29 April – 1 May 2016 North

Texas YRUU Youth Rally (Plano). For high school youth ages 14 to 19. For more information, contact the church office.

27-29 May 2016 Louisiana Cluster YRUU Youth Rally (TBD – UU Church of Baton Rouge will probably host this event). For high school youth ages 14 to 19. For more information, contact the church office.

22-26 June 2016 UUA General Assembly (Columbus, OH). For more information, go online at www.uua.org/ga.

Submitted by Steve Caldwell, Denominational Affairs

Recycling Available at All Souls

The recycling dumpster at All Souls accepts all types of recyclable material—plastic, metal, paper, cardboard. No glass or trash, please. All Souls is pleased to be able to provide this earth-friendly opportunity to members and friends whose communities do not offer curbside service.



Coloring Page Meditation

Unless
someone
Like You
cares a whole
awful lot,
Nothing
is going to
get better.
It's not.

DR. SEUSS • THE LORAX

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All Souls, Hope, NOW Host Community Screening of Award-Winning 'Trapped'

U.S. reproductive health clinics are fighting to remain open.

Since 2010, 288 Targeted Regulations of Abortion Providers (TRAP) laws have been passed by conservative state legislatures. Unable to comply with these far-reaching and medically unnecessary measures, clinics have taken their fight to the courts.

As the U.S. Supreme Court decides in 2016 whether individual states may essentially outlaw abortion (*Whole Woman's Health v. Hellerstedt*), *Trapped* follows the struggles of the clinic workers and lawyers who are on the front lines of a battle to keep abortion safe and legal for millions of American women.

Trapped is a feature-length documentary from director Dawn Porter, whose previous work includes *Gideon's Army*, the Emmy and Independent Spirit Award-nominated

film about public defenders in the Deep South, and *Rise: The Promise of My Brother's Keeper*.

"... Trapped follows the struggles of the clinic workers and lawyers who are on the front lines of a battle to keep abortion safe and legal ..."

The film is currently screening at festivals, in select theaters, and at community screenings throughout 2016.

Trapped selected All Souls as a community screening site in March 2016 and with the support of Hope Medical Group for Women and Shreveport-

Bossier National Organization for Women (NOW) and several private donors, the screening license was fully funded in less than 24 hours.






The screening takes place Saturday, April 30 at 7 p.m. This event is free and limited to 60 seats. Child care is available upon request. The movie runs 1 hour and 21 minutes.



You may reserve seats and child care in advance by emailing office@allsoulsushreveport.org.

The movie will screen promptly at 7 p.m.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
APRIL					1 7PM Game Night 	2 10:30AM Meditation 3PM ADF
3 9:15AM Adult RE 11AM Worship / RE 1:30PM LTA	4 5:45PM Yoga 7PM TED Talks Discussion Group	5	6 5:30PM Choir	7 5PM Support Group 5 PM Highland Blessing Dinner 	8	9 9AM to 1 PM Building & Grounds Workday 10:30 AM Meditation 3PM ADF 
10 9:15AM Adult RE 11AM Worship	11 5:45PM Yoga 7PM TED Talks Discussion Group	12 7PM Committee on Ministry Meeting	13 5:30 PM Choir	14 5PM Support Group	15 7PM Game Night 	16 10:30AM Meditation 3PM ADF
17 9:15AM Adult RE 11AM Worship / RE VEGAN/VEGETARIAN POTLUCK after the service! (Page 7)	18 5:45PM Yoga 7PM TED Talks Discussion Group	19 6PM Board & Council Meeting	20 5:30PM Choir	21 5PM Support Group 7PM Interfaith Leaders Meeting	22 EARTH DAY  <i>Passover begins at sundown</i>	23 10:30AM Meditation 3PM ADF 4PM Awakening Vibrations (Page 1)
24 9:12AM Adult RE 11AM Worship/RE 12:15PM Newcomer Info Session (Page 7)	25 5:45PM Yoga 7PM TED Talks Discussion Group	26 8PM Newsletter Deadline	27 5:30PM Choir	28 5PM Support Group	29	30 10:30AM Meditation 3PM ADF 7PM "Trapped" Movie Screening (Page 5) <i>Passover ends at sundown</i>

LGBTQA Young Adult Social Support Group

For High School to College Aged Individuals

Sponsored by

P=A=C=E

People Acting for Change and Equality

The mission of the group is to provide a safe and affirming environment for peer-to-peer social interaction and support.

Meets the 2nd Thursday of each month on a local campus

For additional information about meeting location and events, please contact us at PACYoungAdult@gmail.com

"Keep close to Nature's heart ... and break clear away, once in awhile, and climb a mountain or spend a week in the woods. Wash your spirit clean."
-John Muir